



# LGBTQIA+ @ CUMC

## Fall 2016 Group

*Are you struggling with issues related to gender identity, sexuality, or sexual orientation?*

*Looking to get some support and connect with others in a safe environment?*

CUMC Mental Health Service is holding a weekly **confidential supportive group** for students to discuss issues connected to LGBTQIA+ identities. This is an open-ended group led by a trained facilitator.

Group members will have opportunities to safely explore topics such as:

- *coming out issues*
- *transitioning concerns*
- *navigating relationships with family*
- *intersections with religious, racial, cultural, ethnic, and other identities*
- *managing professional issues, colleagues and supervisors, and work/life balance*
- *relationship issues, developing and maintaining healthy relationships*
- *sexual health and empowerment*
- *experiences with privilege and oppression*

This group will meet weekly throughout the fall. Interested students can contact Dr. Sam Klugman at [sk4144@cumc.columbia.edu](mailto:sk4144@cumc.columbia.edu) or (212) 305-6830 to learn more and to schedule an initial confidential screening, which is required prior to joining the group.

