Student Health Service is your primary resource for all your health care needs.

Student Health Service (SHS) at Columbia University Medical Center (CUMC) provides a comprehensive array of services to meet your health care needs. We are experienced in responding to the health needs confronting health sciences students, and our entire staff is committed to and knowledgeable in student health. We aspire to model the quality of care that we hope you will provide as health science professionals.

The CUMC Student Health Service is fully accredited by the Accreditation Association for Ambulatory Health Care (AAAHC).

Confidentiality
SHS maintains the highest standards of confidentiality, in accordance with ethical and professional standards and in full compliance with statutory and regulatory requirements, including the Health Insurance Portability and Accessibility Act (HIPAA). No medical information is shared with CUMC schools, family, or friends without your written request and consent.*

*Except in those rare instances of imminent risk of harm to self or others, or where otherwise required by law.

Student Health Service Fee
Services at SHS are available to all students who have paid the current student health fee. All full-time CUMC students are required to pay this fee, as are part-time students and spouses who enroll in the Student Health Insurance Plan. The SHS fee covers most primary care services provided at Student Health Service, but it does not cover services provided outside of SHS. Please note that this fee does not cover health insurance.

Insurance
It is a Columbia University requirement that all full-time students have health insurance, in addition to paying the SHS fee. The Student Health Insurance Plan will help to cover the cost of care that cannot be obtained at SHS, particularly in an emergency situation or where hospitalization is required. The Student Health Insurance Plan works in conjunction with SHS to cover services provided outside of SHS.

All full-time students are automatically enrolled in the Student Health Insurance Plan. If you have proof of comparable insurance that meets the University’s requirements (found on the SHS website), you may request to waive by the deadline date, each insurance year.

For questions about insurance, please email shsinsurance@cumc.columbia.edu.

*Copay required
Health Portal
The health portal connects you to your student health record at SHS. You can log in securely to schedule or cancel an appointment, message with your medical provider, complete forms, and view your immunization history and laboratory results. Go to cuhs.studenthealthportal.com.

Make an Appointment
We strive to provide you with timely care. In primary care medical services, our goal is to have you be seen by a clinician on the same business day that you want to be seen. Call 212-305-3400 or visit cuhs.studenthealthportal.com. Mental health service visits require an initial telephone assessment. For information about making appointments at other SHS departments, please visit our website.

After Hours
If you have a non-life-threatening emergency (medical or mental health) when SHS is closed, you can still get assistance. Call SHS (212-305-3400) and follow the directions for after-hours care. You will be connected with our answering service and will then receive a return call from our on-call clinician. For any life-threatening emergency, call 911.

Specialty Care
Our primary care services can meet most health care needs, but, if necessary, your SHS primary care clinician can refer you to a specialist. All referrals must be received prior to a visit with a specialist and updated each insurance year to ensure coverage under the Student Health Insurance Plan.

Finance and Administration
The Finance and Administration staff is available to assist students with insurance enrollment, insurance waivers and coverage information, reimbursements, and student account and insurance billing questions.

Immunizations
Immunizations offer protection against illnesses that can disrupt your life and affect your health. SHS provides the immunizations (vaccines) required for the health and safety of our students and patients. To receive immunizations, come to the SHS clinic, where one of our nurses will assist you.

Center for Student Wellness (CSW)
The Center for Student Wellness provides evidence-supported individual, group, and environmental strategies and programs that address student health and wellness concerns. Students visit our office to discuss such concerns as stress and coping, academic anxiety, navigating relationships and sexuality, and issues around gender identity and sexual orientation. CSW offers confidential one-on-one wellness appointments and maintains daily walk-in hours. Wellness Works!, the health promotion arm of CSW, offers low-cost yoga and Pilates classes and free pet therapy, meditation, and monthly Crafternoons. Subscribe to our weekly email update (studentwellness@columbia.edu).

Primary Care Medical Services
Student Health Service (SHS) offers unlimited visits for primary care medical services on campus including:
- Acute and chronic medical concerns
- Preventive care
- Screening for sexually transmitted infections
- Occupational health
- Women’s, men’s, and LGBTQ health
- Travel consultations
- Immunizations
- Referral to specialists when necessary
- Nutrition counseling
- Acupuncture services*

*Copay required

Mental Health Services (MHS)
The Mental Health Service offers confidential short-term consultations and counseling, psychotherapy, pharmacotherapy, and referrals for long-term treatment. Our psychologists, social workers, and psychiatrists are experienced in the issues arising for students in the course of their professional training. Students contact us for a variety of concerns: anxiety, depression, relationship and family stress, loss and grief, eating and body image issues, academic stress, substance use and abuse, sexual assault and intimate partner violence, and stress related to life transitions and adjustment. Up to ten visits are covered under the Health Service Fee.